

Blueprint for Health
combined
Executive Committee
Planning & Evaluation
Committee

November 18, 2020

Agenda

- Welcome & Updates
- Women's Health Initiative
- COVID-19 Specimen Collection for Asymptomatic Patients in Primary Care

Updates

- Self-Management & QI Program transition planning delayed
- Secretary Smith's All Payer Model "Re-Boot Plan"
 1. Working with CMMI to modify the Agreement
 2. Work within AHS to organize functions & responsibilities to support transition to alternative payments and population health goals
 3. How the ACO can improve
 4. Improving the regulatory functions that support health reform
- Flu Vaccination
- Annual Report Theme: how Blueprint payment and service delivery reforms support coordinated and integrated care
- Appreciation: Extraordinary Times

Agenda

- Welcome & Updates
- **Women's Health Initiative**
- COVID-19 Specimen Collection for Asymptomatic Patients in Primary Care

Vermont Blueprint for Health Women's Health Initiative

Presentation to the Blueprint Executive Committee

November 18, 2020

Julie Parker, LCMHC, Assistant Director

Laura Wreschnig, Data Analytics and Information Administrator

Julie Trottier, Central QI Consultant

MISSION

Since 2017, the Women's Health Initiative has helped ensure that women's health specialty providers, primary care practices, and community partners have the resources they need to help women be well by **supporting healthy pregnancies, avoiding unintended pregnancies, and building thriving families.**

This is facilitated through **enhanced screenings, brief in-office interventions, comprehensive family planning counseling and referrals to services** for mental health and substance use disorders, interpersonal violence, food insecurity, housing instability and trauma once identified.



GOAL

According to the latest VT Pregnancy Risk Assessment Monitoring System (PRAMS) data, the pregnancy intention rate has been about the same for about 20 years, at 50%.

Unintended pregnancies are associated with an increased risk of poor health outcomes for mothers and babies and long-term negative consequences for the health and wellbeing of the children and adults those babies become.

The Healthy Vermonters 2020 goal is to increase the pregnancy intention rate to 65%



WHI PRACTICES

Women's Health Initiative (WHI) practices attest to implementing and maintaining the WHI strategies and receive WHI payments. Eligible medical practices or clinics include:

- **Gynecology, maternal-fetal medicine, obstetric, reproductive health, or family planning medical practices, specializing in providing women's health preventive services** as defined by the American Congress of Obstetricians and Gynecologists (ACOG);
- **Mixed practices or clinics** that employs at least one board-certified obstetric or gynecology provider whose primary scope of practice is women's preventive services as defined by ACOG; and
- **Existing Blueprint for Health Patient-centered Medical Homes**

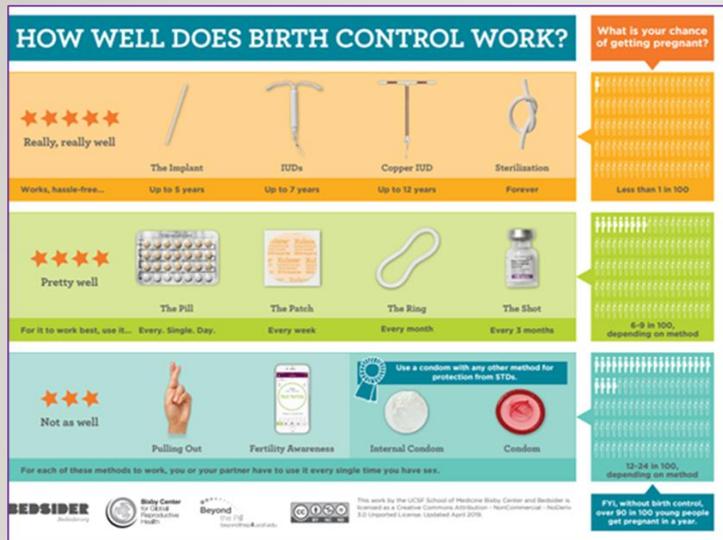
INTENDED OUTCOMES

- Improved access to **primary care**
- Increased screenings for **preventive care**
- Increased comprehensive **family planning and offer most/moderately effective contraception**
- Ability to offer same day **LARC insertion (Long-Acting reversible Contraception)**
- Increased **screening** to address key Social Determinants of Health
- **Brief interventions and Referrals** to ongoing treatment when indicated
- **Healthier women, children and families**

INTEGRATED MENTAL HEALTH CLINICIAN

- **New position** for WHI women's health specialty clinics, or
- **Existing CHT** for WHI BP PCMH's
- Screening, Brief Interventions and Navigation to Services, to include:
 - ✓ Intimate Partner Violence
 - ✓ Food Insecurity
 - ✓ Mental Health/Suicide
 - ✓ Housing
 - ✓ Alcohol and other Substance Use

COMPREHENSIVE FAMILY PLANNING COUNSELING



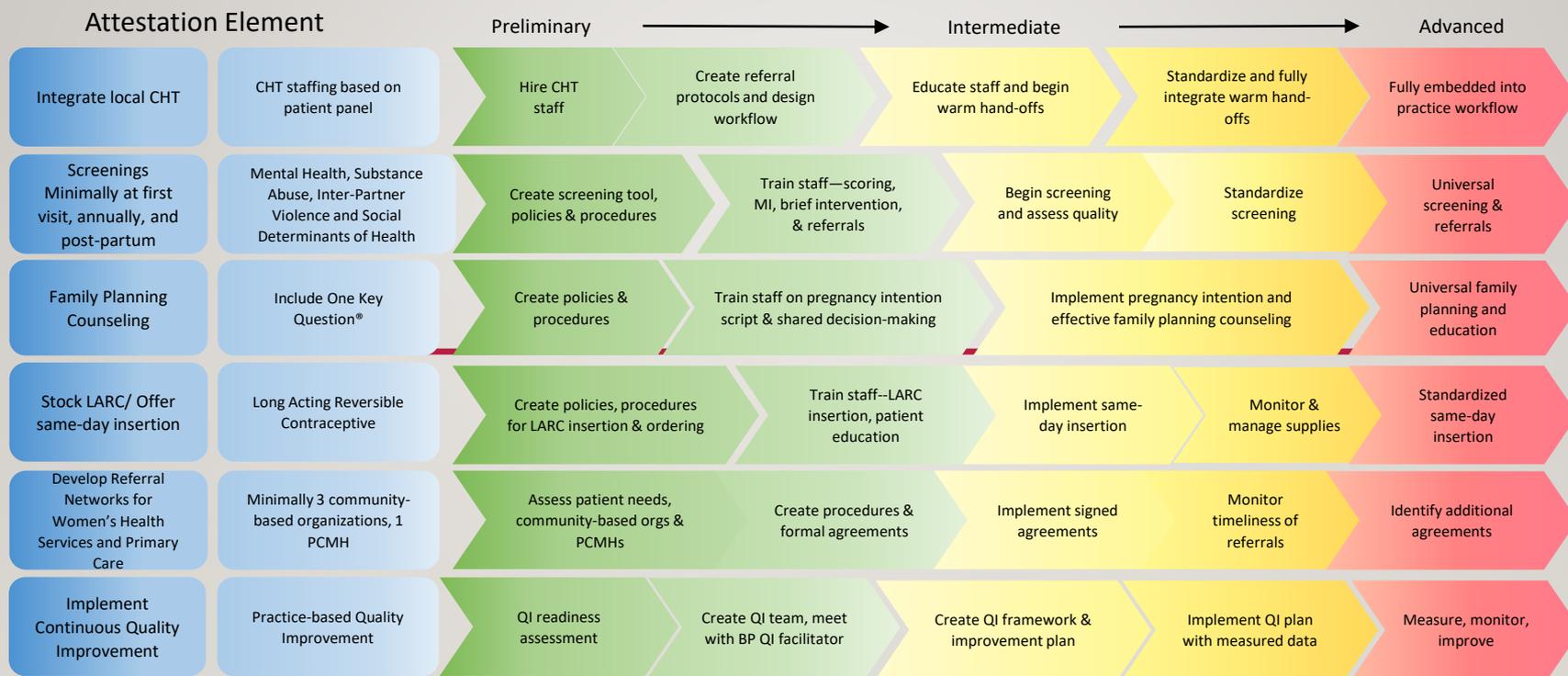
- **One Key Question** to assess pregnancy intention: “Would you like to become pregnant in the next year?” (Yes, No, Unsure, or OK Either Way)
- Women are then offered **follow-up preventive reproductive health services** depending on their needs, including
- Access to **same day** Long-acting Reversible Contraception (LARC) and Most/Moderately Effective Contraception
- **LARC training** offered to all providers

FORMAL REFERRAL AGREEMENTS

- Between WHI practice and **community organizations** such as CMHC, Parent-Child Centers, Schools, etc.
- WHI specialty practices also have at least one agreement with **local PCMH**
- WHI practices **receive referrals in as well as referring out**

Women's Health Initiative Implementation Roadmap

Implementation Continuum



FUNDING AND PAYMENT

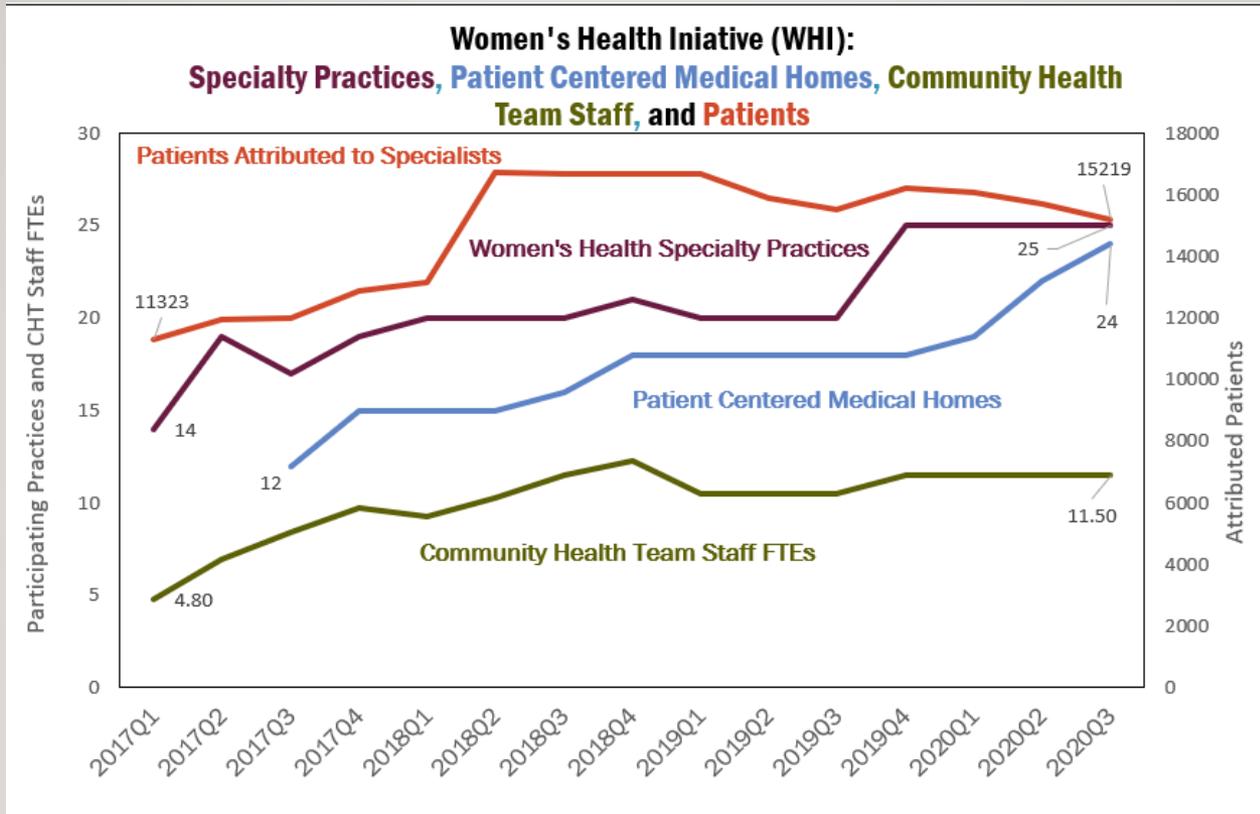
1. Recurring per member per month (PMPM*) payments to WHI practices
2. Recurring payments to support WHI Community Health Team Clinician at specialty clinics
3. A one-time per member payment (PMP*) to support stocking of Long-acting Reversible Contraceptive (LARC) devices to WHI practices

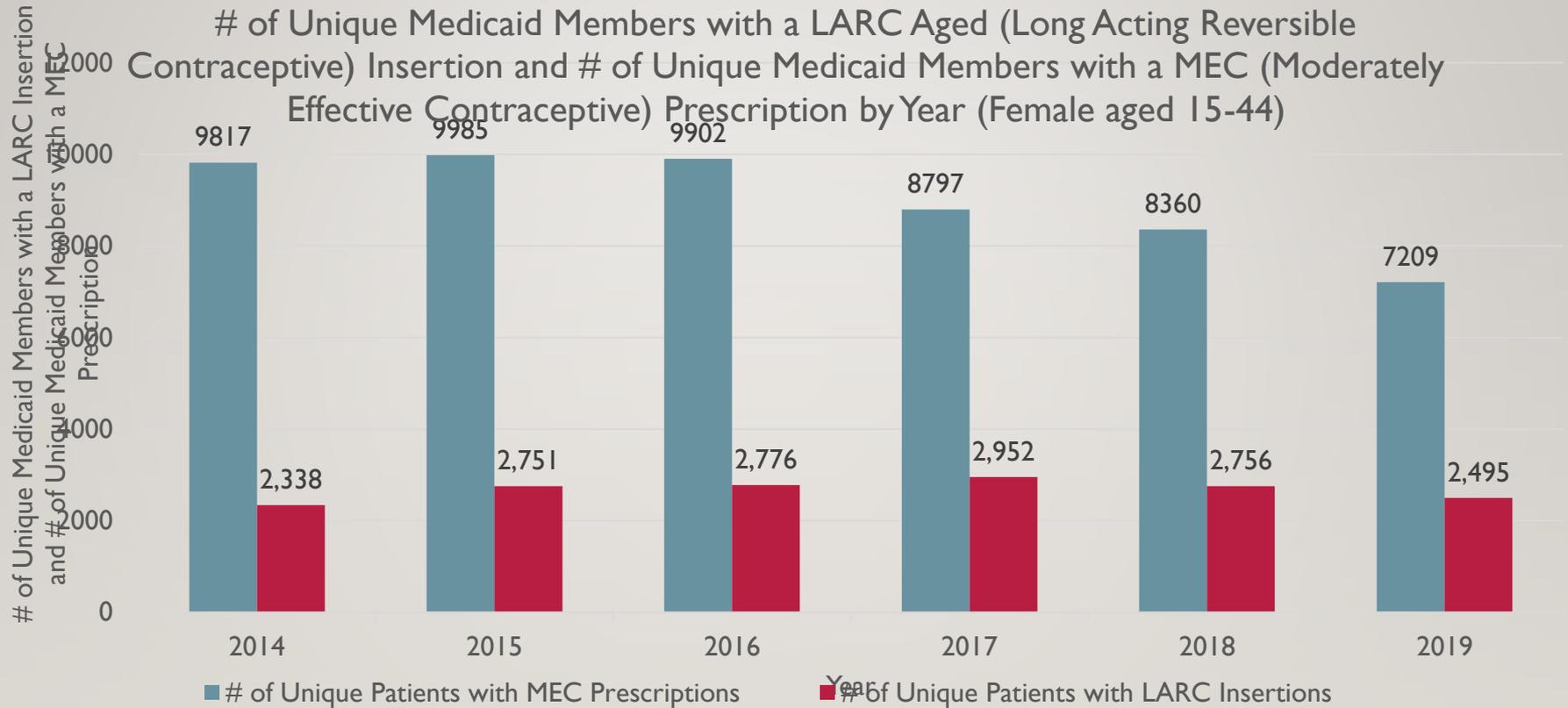
* *'member' is female Medicaid enrollee ages 15 – 44*

Participating Practices (Women's Health Specialty in Red)

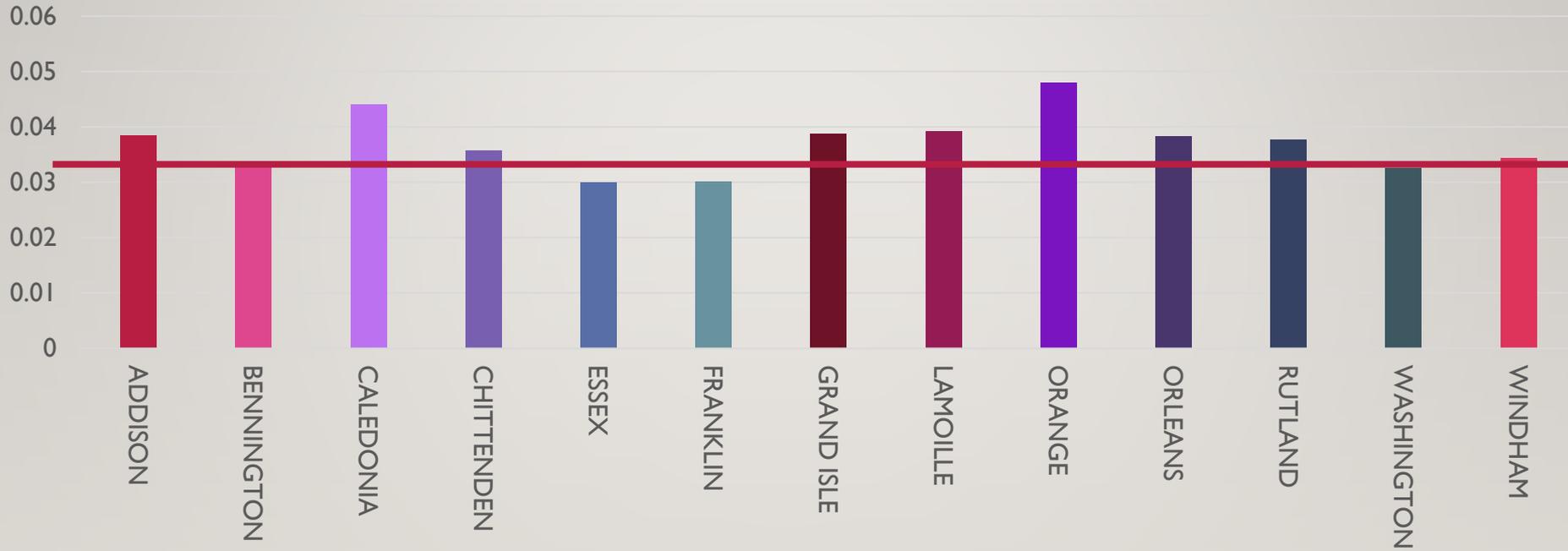
- Barre **CVMC Women's Health**
- Barre *UVMHC Berlin
- Bennington **SVMC OB Gyn**
- Bennington Brookside Pediatrics & Adolescent Medicine
- Bennington Avery Wood
- Brattleboro **Brattleboro Ob/gyn**
- Burlington **UVMHC Obstetrics and Midwifery**
- Burlington **Champlain Obstetrics and Gynecology**
- Burlington Safe Harbor Health Center
- Burlington **Affiliates in OB/Gyn**
- Burlington Riverside Health Center
- Burlington Champlain Center for Natural Medicine
- Burlington Winooski Family Health
- Burlington South End Health Center
- Burlington *UVMHC Family Medicine - Colchester
- Burlington *UVMHC Family Medicine - South Burlington
- Burlington *UVMHC Family Medicine - Hinesburg
- Burlington *UVMHC Family Medicine - Milton
- Middlebury
- Morrisville
- Morrisville
- Morrisville
- Morrisville
- Morrisville
- Randolph
- Randolph
- Rutland
- Rutland
- Springfield
- Springfield
- Springfield
- Springfield
- Springfield
- St. Albans
- St. Johnsbury
- St. Johnsbury
- St. Johnsbury
- UVM Porter Medical Center
- The Women's Center**
- Morrisville Family Practice
- Stowe Family Practice
- Tamarack Family Medicine
- Hardwick Area Health Center
- Gifford Health at Berlin**
- Gifford Ob/gyn and Midwifery**
- Rutland Women's Health Care**
- Associates in Primary Care
- Rockingham Health Center
- Charlestown Family
- Mountain Valley Health
- Springfield Community Health Center
- Ludlow Health Center
- Northwestern OB/GYN**
- Danville health Center
- St. J Family Health Center
- Women's Wellness Center**
- PPNNE - Barre
- PPNNE - Bennington
- PPNNE - Brattleboro
- PPNNE - Burlington
- PPNNE - Williston
- PPNNE - Middlebury
- PPNNE - Hyde Park
- PPNNE - Newport
- PPNNE - White River Junction
- PPNNE - Rutland
- PPNNE - St. Albans
- PPNNE - St. Johnsbury



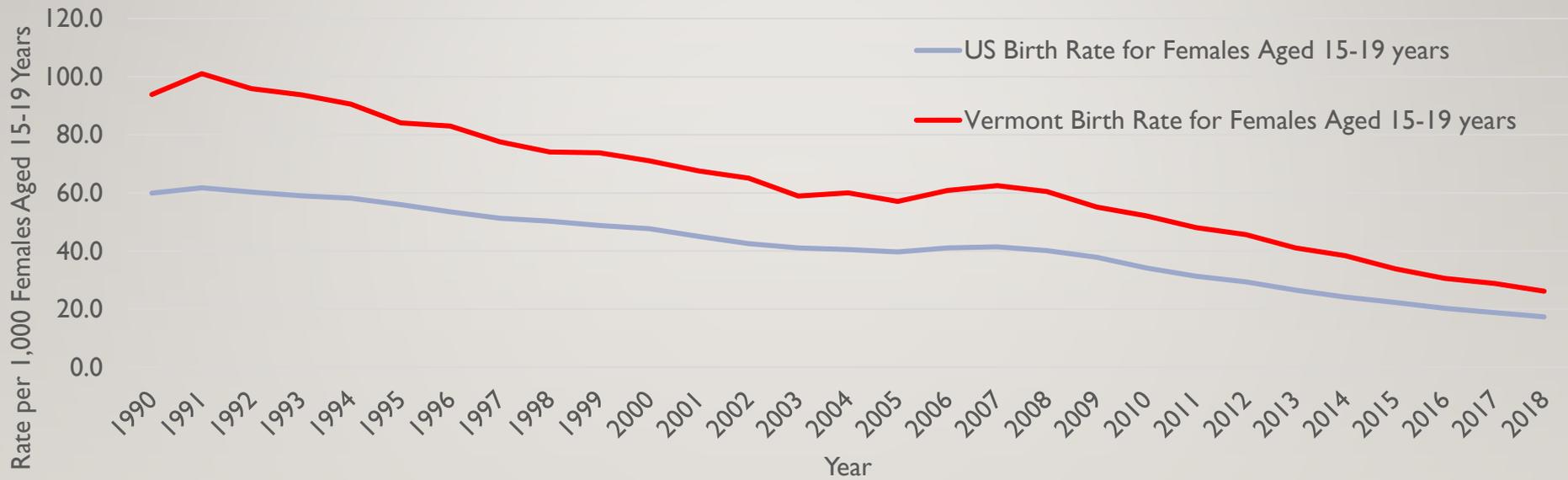




of LARC devices inserted per Unique Female Medicaid Member aged 15-44 (2019)
by Member County of Residence



Teen Birth Rates for the United States and Vermont, 1990–2018



Source: <https://www.cdc.gov/nchs/data-visualization/teen-births/>

2020 / 2021 ACTIVITY

- **Updated Attestation Agreements** that are detailed and reflective of WHI goals, strategies and expectations
- Newly-developed **WHI Implementation Guide** to assist practices in understanding and meeting WHI expectations
- Quarterly meetings with BP HSA staff and practices to **track progress on meeting expectations**, and develop **action plans** where needed
- **Monthly technical assistance/peer learning events**, with
 - BP Program Managers and QI Facilitators (4th Tuesdays)
 - WHI clinical staff (3rd Thursdays)
- **Continuous Quality Improvement** is supported in practices to help meet WHI goals

Examples of recent TA/ peer learning topics:

- SDOH screening workflows
- Referral agreements, and identifying community-based partners
- Best practices for coordinating referrals in and out
- Collection and analysis of SDOH screening data
- Vermont laws regarding minors and contraception

Questions?
Thank you!

Julie.parker@vermont.gov

Agenda

- Welcome & Updates
- Women's Health Initiative
- **COVID-19 Specimen Collection for Asymptomatic Patients in Primary Care**

Specimen Collection for A-Symptomatic Patients in Primary Care

- Policy
- Initial Proposal
- Discussion & Next Steps

Policy

- Governor Scott's Administration and the Agency of Human Services is working to increase available testing for coronavirus, including asymptomatic individuals.
- Due to high rates of asymptomatic and pre-symptomatic transmission, asymptomatic testing is critical to identifying and containing the spread of the virus.
- Increasing the availability of testing in the primary care setting is a key element to achieving a comprehensive testing network.
- Some providers have expressed concerns about infection control within their physical location and having the staff available to conduct tests.
- Nasal (Anterior Nares) specimen testing is increasingly being used to detect COVID-19 in patients, in contrast to more invasive nasopharyngeal specimen testing. According to the CDC, nasal sampling offers several advantages for increasing access to COVID testing in a variety of settings.
 - Example: Specimen collection can be observed rather than administered by clinicians.

Discussion and Next Steps